

What are our walks like?



The walks are easy country and town walks designed to allow you to develop a regular walking habit to improve health, meet new people and become part of a social group with similar interests.

All you need to do is to turn up 10 minutes before the published time, with suitable footwear and clothing to match the day's weather conditions.

Grade 1 walks last between 30 & 60 minutes (which is up to 1.5 miles).

Grade 2 walks last between 75 & 90 minutes (which is between 2 & 3 miles).

Please see the **Grade 1 & 2** walk details in the second column, overleaf.

Best Foot Forward Longer Progression Walks Grade 3

We like to offer progression walks, giving the opportunity for those able, to take part in longer walks of 5 to 6 miles, of 2 to 3 hours duration.

Please see the **Grade 3** walk details in the 1st and 3rd columns, overleaf.

For more information please contact:
Tony on 07990 381680
or email: info@bff-wyreforest.co.uk

You can also find us on
www.bff-wyreforest.co.uk

and

 **Best Foot Forward (Wyre Forest)**

Health Walk Levels



Grade 1 (30 - 60 minutes)

Distance: Up to 1.5 miles

Suitable for: People who have mobility problems or who do little physical activity.

Walks are: Flat, with hard surfaced paths and pavements. NO steep hills, steps or stiles and suitable for wheelchairs or buggies.

Grade 2 (75 - 90 mins)

Distance: Between 2-3 miles

Suitable for: People who take part in a small amount of exercise or who wish to increase the amount they do.

Walks are: Along paths and pavements, sometimes with slopes, steps and stiles.

Grade 3 Progression Walks (2 - 3 hours)

Distance: Approximately 5 to 6 miles

Suitable for: People who regularly walk in the countryside or who have taken part in health walks for a prolonged period of time.

Walks are: More demanding than the other Health Walks. Terrain at times will be uneven and steep. Stiles are likely to be encountered.

Whenever possible we try to finish our walk at a local pub or café for light refreshment!



Pub



Café

WORCESTERSHIRE HEALTH WALKS



BEST FOOT FORWARD WYRE FOREST

Autumn/Winter 2025/26



Why not join us
for a walk...



worcestershire
county council

BFF Monthly Saturday Long Walks

Progression Walks Grade 3

Start times and venues vary, as given below.

Grade levels expectation of walks are given overleaf.

4th Oct, Meet at 9.50 for 10am Start

The Gardener's Arms, Droitwich
WR9 8LU

SO 90066 63600

1st Nov, Meet at 9.50 for 10am Start

The Crown Inn Car Park, Iwerley
DY8 2RX

SO 88341 81445

6th Dec, Meet at 9.50 for 10am Start

Severn Valley Country Park
WV15 6HG

SO 75420 83933

1st Jan, Meet at 10.20 for 10.30am Start

The Lock Inn Car Park, Wolverley
DY10 3RN

SO 83084 79161

7th Feb, Meet at 9.45 for 9.55am Start

Load St Bus Stop, Bewdley for bus 125 to Button Oak
DY12 2AF

SO 78692 75382

7th March, Meet at 9.50 for 10am Start

Habberley Valley Car Park
DY11 5RH

SO 802925 77485

4th April, Meet at 9.50 for 10am Start

The Robin Hood Inn, Drayton
DY9 0BW

SO 90586 75912

Please Note

*Dogs are welcome on the walks, on a short lead,
at the back of the walkers and always under control.*

*Whilst dogs are welcome on our walks,
we can't hold up the walks for them.*

BFF Weekly Health Walks Near You

All the walks below start from the
same base each week, but routes vary.



Bewdley Walk

Grade 2

Every Tuesday

12.50 for 1pm start; for 75-90 mins walk

Meet at Dog Lane Car Park, Bewdley DY12 2EF



Bewdley Shorter Walk

Grade 1-2

Every Tuesday

1.20 for 1.30pm start for 75 mins

Meet at Dog Lane Car Park, Bewdley DY12 2EF



Stourport Walk

Grade 2

Every Wednesday

1.50 for 2pm start; for 90 mins

Meet at Lidl Car Park, Stourport DY13 8YJ



Stourport Very Short Walk

Grade 1

2nd and 4th Wednesday of the month

2.20 for 2.30pm start; for 30-60 mins

Meet at Severn's Club Car Park, Stourport DY13 8SB



Wolverley Walk

Grade 2

Every Thursday for 75-90 mins

April to Sept - 5.50 for 6pm start

Oct to Mar - 10.50 for 11am start

Meet at The Queens Head, Wolverley DY11 5XB



Springfield Walk

Grade 2

Every Saturday

9.50 for 10am start; for 90-120 mins walk

with a 30 mins mid-walk break for refreshments

Meet at Springfield Park, Kidderminster DY10 2PY



Springfield Short Walk

Grade 1

All Saturdays - **EXCEPT** 1st Saturday in month

10.20 for 10.30am start for about 60 mins

Meet at Springfield Park, Kidderminster DY10 2PY

BFF Monthly Midweek Long Walks

Progression Walks Grade 3

All walks below meet at 1.50 for 2pm start.

Grade levels expectation of walks are given overleaf.

Thursday 16th October

The Queens Head Car Park, Wolverley
DY11 5XB

SO 82864 79418

Wednesday 19th November

Lidl Car Park, Vale Road, Stourport
DY138YJ

SO 81232 71631

December Please Note

**Early poor light means that a Midweek
Long Walk in December will not take place.**

Tuesday 20th January

Dog Lane Car Park, Bewdley
DY12 2EF

SO 78526 75461

Thursday 19th February

The Old House at Home, Blakedown
DY10 3JE

SO 87913 78380

Wednesday 18th March

Wilden Top Car Park, Stourport
DY13 9JD

SO 82647 71402

Tuesday 21st April

Hawkbatch Wood Car Park, Button Oak
DY12 3AG

SO 76112 77679

Please Note

Care Workers and/or Care Support Staff:

*If a Carer or Care Support Worker feels that a
companion or client may benefit from one of our
walks, then we require them to accompany them
throughout the entire walk.*